

CLARK COUNTY SCHOOL DISTRICT REGULATION

HEALTH AND WELFARE: STUDENTS

R-5150

This regulation provides guidance in the management and administration of health services in the Clark County School District (CCSD). It is in compliance with the uniform guidelines set forth in CCSD's policies and procedures for managing student health and safety. These policies and procedures are in accordance with the requirements of the Nevada Administrative Code (NAC), Nevada Revised Statutes (NRS), and the Nevada State Board of Nursing (NSBN).

I. Non-Serious Accidents and Illnesses

The school is responsible for the day-to-day management of student injuries and illnesses. Well stocked first aid emergency response kits must be readily available to all staff. Universal Precautions are to be followed.

- A. If a student is not seriously ill or injured, follow First Aid/Emergency Guidelines for School Personnel (PUB-648).
- B. The records regarding student health status and emergency phone numbers are to be kept current at all times.
- C. A student is not to be sent home without school personnel first establishing the availability of adequate supervision in the home to maintain student safety.
- D. Parents/guardians are responsible for the transport and welfare of their children. Unless otherwise provided in their job description, school personnel will not transport students.
- E. It is the responsibility of the school nurse to provide continuing supervision and instruction to designated school personnel regarding first aid and emergency care.
- F. If the student condition warrants, contact the school nurse or the Health Services Department.

II. Serious Accidents and Illnesses

- A. In the event of a serious accident or illness requiring immediate medical care, call Emergency Medical Services (EMS). Follow First Aid/Emergency Guidelines for School Personnel. Notify site administrator that EMS has been called. Administrative permission to call EMS is not required.

- B. If student condition warrants, call school nurse in addition to EMS and/or the Health Services Department.
- C. Notify the parent/guardian that EMS has been called. The severity of the condition dictates if time can be taken to reach the parent/guardian prior to EMS contact.
- D. Efforts to locate and notify the parent/guardian must continue until successful.
- E. Prior to arrival of EMS, obtain student enrollment and health information and provide copies to EMS personnel. Check the student for a medical alert identification tag.
- F. In the event that EMS transports the student, and in the absence of a parent/guardian, a responsible school employee is to accompany the student to the hospital (either by following in separate vehicle or by riding in EMS vehicle) and remain with the student until the parent/guardian or delegate arrives or until responsibility for student welfare has been assumed by an agency such as a hospital or protective service.
- G. Serious student injuries or accidents are to be reported to Risk Management.
- H. Emergency telephone numbers are to be posted near each health office telephone.
- I. In an emergency situation, the procedures in this section must be followed in cases involving students whose parents/guardians object to medical care. This may include religious objection and DNR (do not resuscitate) requests.

III. Medication During School Hours

The following provisions apply to both prescription and non-prescription medication.

- A. Students in Grades 6 Through 12
 - 1. With the permission of a parent/guardian, students in Grades 6 through 12 may self-medicate except for controlled substances. The list of controlled substances will be consistent with the current listing provided by the State Board of Pharmacy. The controlled substance list shall be maintained in the health office. Students in Grades 6 through 12 may possess medication on District property. Medication must be properly labeled at all times. Students must be able to produce, upon request, written evidence that their parents/guardians have authorized self-medication. If the medication requires a prescription, students must also produce appropriate medical documentation authorizing their use of prescription medication.

The medication shall be kept in the labeled container which includes the name of the student to receive the medication, the name and dosage of the medication, the name of the licensed prescribing practitioner, and the instructions for administration. Under no circumstances may a student provide medication to any other student.

2. Students in Grades 6 through 12 who do not have written parent/guardian permission to self-medicate or who are taking controlled substances must follow the requirements of Subsection B ("Students in Grades Pre-K through 5").
- B. Students in Grades Pre-K Through 5
1. Parents/guardians should make every effort to avoid the necessity of medicating students during school hours. When possible, medication should be taken before or after school hours.
 2. When medication is required during the school day, trained District personnel will assist students to take their medication.
 3. The site administrator will designate backup District personnel to assist students to take their medication. All District personnel designated to assist students with medication must be trained yearly by the school nurse to perform this activity in a safe and effective manner consistent with the Nevada State Board of Nursing regulations.
 4. Any parent/guardian requesting that District personnel assist his/her child with medication must provide to the school health office a signed and witnessed Medication Release form. For prescription medications, the pharmacy label represents the licensed prescribing practitioner's order. For over-the-counter medication, a copy of the prescription or order from a licensed prescribing practitioner is required.
 5. No District employee may assist students to take medication that has not been prescribed or ordered by a licensed prescribing practitioner. This prohibition applies to prescription and over-the-counter medications.
 6. Medication must be stored in a locked location. Exception: Injectable epinephrine shall be stored in the health office in a secure location which will remain unlocked during the regular school day. The medication shall be kept at all times in a labeled container which includes the name of the student, the name and dosage of the medication, the name of the licensed prescribing practitioner, and the instructions for administration.

7. If the student's condition requires that medication be immediately available at all times, the student may personally maintain possession of the medication. The student's health record must contain a licensed prescribing practitioner's statement reflecting this need. The medication will be kept at all times in a labeled container which includes the name of the student to receive the medication, the name and dosage of the medication, the name of the licensed prescribing practitioner, and the instructions for administration. The school is not liable for the loss or misuse of such medication. Under no circumstances may a student provide medication to any other student.
8. In the event it is impossible for the parent/guardian to complete the Medication Release form, and if the parent/guardian determines that it is imperative that his/her student receive prescribed medication, trained District personnel will assist the student with the medication for a period not to exceed two days upon written or verbal request of the parent/guardian. Exception: Over-the-counter medications will not be given without a prescription or order from a licensed prescribing practitioner.
9. Separate Medication Release forms are required for each medication.
10. Any change from the current medication requires a new Medication Release form signed by the parent/guardian and a new prescription or order from the licensed prescribing practitioner.

C. Self-Administration of Emergency Medications for Asthma and Anaphylaxis

If a student carries medication for self-treatment of either of these conditions, he/she may continue to do so under the following guidelines, as stated in NRS 392.425:

1. The parent/guardian has submitted a written request that the student carry and self-administer the medication.
2. The physician has provided a signed statement indicating the student has asthma or anaphylaxis and is capable of self-administration of the medication.
3. The parent/guardian acknowledges in writing that under Nevada law no additional District duties are created and that the District, its agents, schools, and employees are immune from liability for injury to the student as a result of any self-administration of the medication or failure of the student to self-administer the medication.

- D. Pursuant to Section IV (B) of Clark County School District Regulation 5150, administration of emergency medication by a trained school staff member is authorized if the student exhibits signs and symptoms of anaphylaxis and is unable to self-administer the medication. The District assumes no liability for any failure to properly recognize the signs and symptoms or any decision not to administer the medication.
- E. Stock Epinephrine
1. In addition to epinephrine prescribed for a specific student, each school must maintain at least two doses of auto-injectable epinephrine at the school for use with regard to any student who the school nurse or other trained individual reasonably believes is experiencing anaphylaxis on school premises. If a dose is used or expires, additional doses shall be obtained as replacements.
 2. Auto-injectable epinephrine shall be stored in a designated, secure, unlocked location, clearly marked for easy access by the school nurse or other trained individuals during normal regular school hours.
 3. Only the school nurse or other trained individuals may administer auto-injectable epinephrine.
 4. School employees trained to administer epinephrine under this regulation are not subject to disciplinary action solely for the administration of auto-injectable epinephrine pursuant to this regulation.
- F. Proper Disposal of Medications, Needles, Syringes, Injectable Medications, and Lancets.
1. All school health offices must have a sharps container, which is accessible for student use. When not in use, the sharps container must be stored in a secured or locked location.
 2. Disposal of sharps and medications must be performed in accordance with procedures developed by the Health Services Department, Occupational Safety and Health Administration (OSHA), the Nevada State Board of Health, and the State Pharmacy Board.

IV. Health and Safety

A. Health/Safety Accommodations for Student Attendance

1. In order to assist students who need health/safety accommodations in the school setting, the following may be required:
 - a. Site administrator to consult with school nurse regarding issues of health/safety concerns and student attendance.
 - b. School nurse assessment and facilitation.
 - c. Parent/guardian and school nurse collaboration regarding the need for health/safety accommodations.
 - d. Any request for an accommodation that the school nurse suspects may compromise the student's health or safety, should be discussed with the licensed health care provider and clarified to determine safe attendance at school. CCSD procedure must be followed for release of confidential information.
 - e. Licensed health care provider statement of health/safety accommodations, as needed.

B. Safeguards for Students Requiring a Health Procedure at School

Any qualified, trained District employee is authorized to assist students with special health care needs or perform specific health procedures to enable students to attend school. Health procedures may include, but are not limited to, tracheostomy management, tube feedings, nebulizer treatments, blood glucose monitoring, and Epi-Pen (epinephrine) administration.

1. Parents/guardians should make every effort to perform health care procedures outside of school hours to minimize loss of instructional time.
2. In order to maintain the safety of a student whose medical condition requires District personnel to perform or assist with a health procedure during school hours, the following are required:
 - a. Medical orders, updated annually, provided by a licensed health care provider responsible for current medical management of the student.
 - b. Related equipment and supplies needed to perform the health procedure are to be provided by the parent/guardian. The District is not responsible for routine cleaning, maintenance, or repair of equipment. The District is not required to purchase medical equipment for an individual student.

- c. School nurse facilitation and coordination of health procedures, including training and supervision of personnel, must be in compliance with the Nevada State Board of Nursing (NSBN) regulations and advisory opinion, and the Health Services Department Specialized Procedures Handbook.
 3. In order to maintain the safety of a student with a medical condition who independently performs a health procedure during school hours, the following may be required:
 - a. Parent/guardian/student request for independent procedure.
 - b. School nurse assessment and facilitation.
 - c. Licensed health care provider statement of independence, as deemed appropriate by school nurse, based on the Health Services Department Specialized Procedures Handbook.
 4. All supplies and equipment needed for health procedures must be stored in a locked location. This includes supplies and equipment that pose a potential exposure risk, such as needles, lancets, or other sharps.
- V. Contagious or Infectious Diseases
- A. In accordance with NRS 441A.190, a student suspected of having a contagious or infectious disease may be temporarily excluded from school until competent medical authority determines that the student is not a health or safety threat to other students or staff members. If the condition is anticipated to be long-term in duration, the District will provide instruction through the Homebound Program or other appropriate means.
 - B. In accordance with NRS 441A.190, a student with a contagious or infectious disease who has been determined by competent medical authority not to be a health or safety threat to other students or staff members may attend school.

Legal Reference:	AGO No. 270
NRS Chapter:	441A Communicable Diseases
Cross Reference:	Regulation 5114, Student Dismissal (Voluntary and Involuntary)
Review Responsibility:	Student Services Division
Adopted:	[5140: 7/12/62]
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